

# Doctor Discussion Guide

Consider talking to your doctor about going on a Biogen disease modifying treatment that may be right for you.

Your doctor is the best source for multiple sclerosis (MS) information. The relationship you have with him or her is an important one. Together, you decide what treatment may work best for you. The goals of disease modifying treatments (DMTs) are to reduce the number of new or changing MRI lesions, cut relapses, and slow physical disability progression. It's important to remember that treatment can also come with risks, so ask your doctor about potential side effects.

Use this guide to help as you talk with your doctor about whether a Biogen treatment is right for you.

1. What Biogen relapsing MS treatment options are available?

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2. Can I still benefit from a treatment if I have been diagnosed for a while?

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3. I tried treatment once before and it didn't work for me. Why should I try again?

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4. How does each Biogen medication work to treat relapsing MS?

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5. How will this treatment fit into my routine?

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6. How often and for how long do I need to take each treatment? How do I take it?

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7. What has your experience been with each of these medications?

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8. What side effects may occur with each Biogen treatment?

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9. What can I do to help manage the side effects?

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10. What Biogen support or assistance can I receive?

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